



LittleBigHelp
India Trust

A little help from you is a big help for others

Newsletter
June 2025

Yoga Day Observation

LittleBigHelp India Trust observed International Yoga Day on 21st June across all its Community Centres and Hostels, where all the children participated in guided yoga sessions. The celebration aimed to promote mindfulness, flexibility, and healthy living among the children.



In 2025, under the Skill Development initiative, Basic Beautician was chosen as a trade, being one of the most popular in-house training courses. The training began with an orientation session outlining the learning journey. In this photograph, a new trainee is seen sharing her expectations and aspirations from the course.



Mental Health

Our mental health team conducted a training session on Parenting Skills with the guardians at Barisha Vivekananda Girls High School. Around 30 guardians participated in the session.

"THE UNITY OF INDIA IS NOT IN UNIFORMITY, BUT IN DIVERSITY" - RABINDRANATH TAGORE